



**FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**

**FOR IMMEDIATE RELEASE**  
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## **YMCA Celebrates the New Year with the Community!**

*Alexandria Area YMCA offers New Year's Eve family programming and free New Year's Day "Community Day"*

[ALEXANDRIA, MN] – The Alexandria Area YMCA will once again invite non-members, guests, and YMCA members to celebrate New Year's Day at the Y for free! Fun, family activities will be offered in the gym, and the aquatic center will be open all day. Free, "try-it" group exercise classes will also be held.

The Y will be open from 12 p.m. – 5 p.m. on New Year's Day to the entire community. Admittance to the YMCA is free, permitting members and guests provide one item, per person, to donate to the Alexandria Outreach Food Shelf.

### **New Year's Eve Family Night at the Y**

Families of all ages are invited to enjoy time together at the Y, on Saturday, December 31 from 6 p.m. to 8 p.m. "Minute to Win It" is the theme for the night! Fun, family activities will be offered in the gym, and the aquatic center will be open all evening.

New Year's Eve Family Night is free to YMCA members, YMCA child care families, and YMCA corporate partners. The cost is \$15 for non-member and guest families.

### **New Year's Eve Kids Over-Night**

Drop the kids off at the Y on New Year's Eve, for a YMCA youth overnight. YMCA staff will supervise and lead kids through games and activities, a movie marathon, and a pizza party all night! Lights will be out at 12:30 a.m. New Year's Eve pizza and a morning snack will be provided. Please bring a sleeping bag, swimsuit, pillow and a set of extra clothing.

The bash begins at 9 p.m. on Saturday, December 31, and pick up time is at 8 a.m. the following morning. Volunteers are welcome!

New Year's Eve Kids Over-Night is \$25 to YMCA members, YMCA child care families, and YMCA corporate partners, and \$30 for non-members.

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The Y is one of the nation's leading nonprofits strengthening communities through youth development, healthy living and social responsibility. Across the U.S., 2,687 Ys engage 21 million men, women and children – regardless of age, income or background – to nurture the potential of children and teens, improve the nation's health and well-being, and provide opportunities to give back and support neighbors. Anchored in more than 10,000 communities, the Y has the long-standing relationships and physical presence not just to promise, but to deliver, lasting personal and social change.