



Alexandria Area YMCA
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For Immediate Release:

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MARRIAGE PREPARATION COURSE: “FIT TO BE TIED”

ALEXANDRIA, MN – Is there a wedding coming up soon in your future? Did you know that a MN Marriage License costs \$115, but if a couple completes 12 hours of premarital education courses, the cost for the marriage license is only \$40.

The Alexandria Area YMCA is excited to offer this course which covers a wide variety of topics, which will help lay a strong foundation for the start of marriage. Authors David Boehi, Brent Nelson, Jeff Schulte, Lloyd Shadrach, Dennis Rainey (Editor), “Preparing for Marriage: Discover God’s Plan for a Lifetime of Love,” will be the guide for this course.

The following topics will be covered week by week: Great Expectations: Understanding how your past will impact your future, God’s Equation For Marriage: When 1 + 1 = 1, Authentic Communication, Roles and Responsibilities, Money, Money, Money, and Intimacy: Sexual Communication In Marriage.

Guest speakers will also be brought in to cover this six-session course, led by Tracy and Deb Weaver. The course will be held on Tuesdays, from 7 p.m. to 9 p.m., from March 22 to May 3. The cost of the course is \$50 for program participants. Everyone is welcome to register. Couples do not need to be engaged to attend.

With a commitment to nurturing the potential of kids, promoting healthy living, and fostering a sense of social responsibility, the Y ensures that every individual has access to the essentials needed to learn, grow and thrive. Anchored in more than 10,000 neighborhoods around the country, the nation’s 2,686 Y’s serve over 21 million people each year. YMCAs have proudly served America’s communities for nearly 160 years by building healthy spirit, mind and body for all.



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The mission of the Alexandria Area YMCA is simple: to put Christian principles into practice through programs that build healthy spirit, mind and body for all.